**Pre Event appraisal form**

**APEX Achieving Personal Excellence**

Please indicate your appraisal of the experience you are about to have on the form below. This must be completed **before** the event. One tick per pair of questions only please.

# Acceptability

Improvement Very

Insufficient Needed OK acceptable Completely

1 2 3 4 5

|  |  |
| --- | --- |
| How much value will the event be to you  How much effort will you make  How relevant will the event be to you  How much direction will be coming from you  How relevant will the input from Tutors be  How clear will be your requests  How well timed will the event be  Rate yourself at managing your time  How challenging will the event be  How much will you challenging yourself  How creative will the event be  How creative will you be |  |

Thank you for taking the time to consider this form. What do you think is the purpose of asking you to appraise an experience you have not yet had?

What have you learned from completing it or not completing it?

What would you suggest for the future?

Your further comments would be appreciated. Especially if they are at least one of the following: intelligent, creative, original, personal, truly believed, accurately reported, pertinent, challenging or amusing.